



east nashville

Hope Exchange



Upcoming Workshops

Saturday, April 9th, 11:00am-1:00pm
@ St. Ann's - 419 Woodland St., 37206

Exchange of Ideas: Positive Values

Discussion Topics: Caring, equality and social justice, integrity, honesty, responsibility, and self-regulation.

Toolbox Topic: Understanding how children learn to read.

****SIGN-UP FOR SUMMER PROGRAM AT WORKSHOP - BE SURE TO SHOW UP AT 11:00 AM TO GET YOUR SPOT!****

Saturday, May 21st, 11:00am-1:00pm
@ St. Ann's - 419 Woodland St., 37206

Exchange of Ideas: Boundaries and Expectations

Discussion Topics: Family boundaries, school boundaries, neighborhood boundaries, adult role models, positive peer influence, and high expectations.

Toolbox Topic: Getting Ready for Summer Reading and Writing!

Did you know?

Over 3 million children born each year are not receiving the benefits of reading aloud from birth, according to a YouGov national survey.

41 percent of parents say their child does not spend enough time being read to, and 40 percent of parents who do not read aloud say they "can't find the time in the day."

TOGETHER we can beat the statistics!

Try reading aloud to your child for 15 minutes every day.

ENHE can help you develop a plan to help your child meet grade-level proficiency in Reading and Language Arts.

Call Brandy at
615-306-9436!



Happy birthday to all of our ENHE family members who are celebrating in March! Special happy birthdays to our students Shelia Bateman, William Coffee, Jr., Lonny Holland, Zaria Paxton, Ja'Miya Schields, Jaliyah Stubblefield, Andre Stubblefield, Andrew Stubblefield, Taylor Ulmer, Lanaya Patton, and Cy'ari Bradley.

WORKSHOP RECAP: MARCH 2016

Exchange of Ideas: Positive Identity

When we see and hear positive words about ourselves, we then internalize those phrases and change how we view ourselves. Developing and maintaining a positive identity about oneself is essential to a successful future. Included in positive identity are personal power, self esteem, sense of purpose, and a positive view of the future. When we help to develop these qualities in our children early on, we also work to ensure that they are successful in school and in life.

Personal power involves children feeling that they have control over things that happen to them. A child's sense of purpose includes him or her embracing new experiences and imagining what he or she might be and do in the future. Similarly, when children express a growing curiosity about the world and their place in it, they are developing a positive view of their futures. In groups, families discussed these qualities of positive identity and wrote down ideas they had about helping their children with each characteristic.

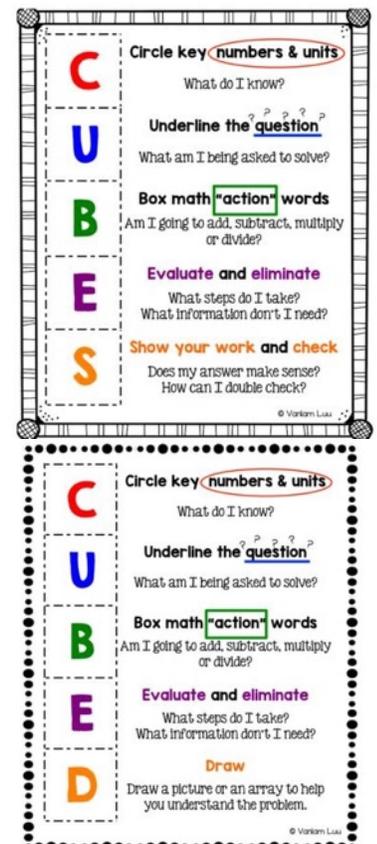


Toolbox Topic: Making Sense of Math Word Problems

Math word problems can be challenging for children because they involve them truly dissecting the question to see what is being asked of them. Going over math action words and tips to approaching word problems can greatly help children better understand them.

First, when children encounter a word problem, they should **stop and think** about the text and **know what to do**. For example, as students read stories, they code the text and determine what they understand and don't understand. Students should do the same with math word problems. To assist with what children might not understand, it can be helpful to go over math action words. For example, words that mean addition that are often in word problems include sum, plus, and total.

At home, you can go through the 'CUBES' and 'CUBED' format which includes children circling numbers, underlining the question, boxing math action words, evaluating/eliminating, and Showing Work/Drawing pictures .



KID'S CORNER

For our March focus on 'Positive Identity,' we read Amazing Grace by Maria Hoffman. In the book, Grace enjoys stories such as the ones in books, movies, and from her grandmother. Because of her love for stories, Grace wishes to participate in a play when she discovers that her school is performing "Peter Pan." She dreams of playing the lead role, but her classmates discourage her because Peter was a boy; he also was not Black. With the support of her family, Grace auditions and gets the role of Peter! She learns that she can be and do anything she sets her mind to in life!



Before reading, Ms. Sha led the students in an activity that involved them moving around the room and standing by a positive character trait that identified them. After reading, the students worked on an activity in which they wrote positive character traits on a paper mirror; they decorated their mirrors and included future career goals.



TRY IT AT HOME

Using the 'CUBES' or 'CUBED' format, try this word problem. Don't forget to show your work!

My mom said that I could have all of the nickels and dimes in her wallet. It totals \$1.35. How many nickels and dimes do I have?



FAMILY SPOTLIGHT:

Leiah, Lonny, & Layla Holland's Family



Leiah, Lonny, and Layla Holland joined the East Nashville Hope Exchange in the summer of 2015. Leiah is in the third grade, Lonny is in the first grade, and Layla is in pre-k. In addition to reading at ENHE, the Holland family (Renita, Kareem, Leiah, Lonny, Layla and Landon) read every night. Leiah, Lonny, and Layla love to read because when you read, you learn and you have fun at the same time. The Holland family loves that the ENHE team helps each family, and they enjoy the ENHE workshops the most. It helps the Holland family keep their reading on track. Besides reading, the Holland family loves to sing, dance, and go to basketball games together. The girls love to dance and sing, and the boys love playing sports. The Holland family loves playing together and makes sure to support each other.

East Nashville Hope Exchange
419 Woodland St.
Nashville, TN 37206
www.enhopeexchange.org
eastnhe@gmail.com

Facebook: [facebook.com/eastnashvillehopeexchange](https://www.facebook.com/eastnashvillehopeexchange)
Twitter: @EastNHE
Remember to link your Kroger card with
ENHE at krogercommunityrewards.com
to help us grow every time you shop.