



east nashville

Hope Exchange



Upcoming Workshops

Saturday, February 11th, 11:00am–1:00pm

@ St. Ann's – 419 Woodland St., 37206

Exchange of Ideas: Positive Identity

Discussion Topics: Characteristics as Distinguishing Qualities, Culture as a Way of Life, Diversity of Different Kinds, Self-Esteem

Toolbox Topic: Math Word Problems and Reading

Saturday, March 11th, 11:00am–1:00pm

@ St. Ann's – 419 Woodland St., 37206

Exchange of Ideas: Boundaries and Expectations

Discussion Topics: Role Models, Peer Influence, High Expectations, Family Boundaries, School Rules

Toolbox Topic: Kidwriting, Invented Spelling and Spelling Patterns



Special shout out to all the ENHE families who are reading with their children at home nightly! In January, the following students/families turned in reading logs: McKenzie Brown, Eden & Elijah Carney.

All ENHE families - please log your nightly reading and submit to us at workshops, tutoring, or via text or email. You can use our reading log or send picture texts, emails, or write the books and minutes read on any paper - even the back of an envelope!



Happy birthday to all of our ENHE family members who are celebrating in January! Special happy birthdays to our students **Mariana Bateman, TeeShayla Davis, London Hendricks, Landon Holland, Justice Jackson, Keith Johnson, Jade Jones, Michael Leggs, Vaniya Reid, and Jasmine Williams!**

WORKSHOP RECAP: JANUARY 2017

Exchange of Ideas: Constructive Use of Time & Establishing Routines

Establishing a consistent routine with your student and making constructive use of the time that you do have is a major key to kids' success. During this time in the January workshop, we talked about creative activities and programs your student can participate in each week (like music, dance, sports or clubs), the possibility of being involved in a religious community with age-appropriate activities that nurture their spiritual development, and different fun and playful activities you can do during your time at home as a family. We discussed some of the challenges and obstacles that get in the way of having a consistent routine, and how to overcome them. Setting goals to establish routines and use time constructively is essential – even though meeting our goals can sometimes be difficult, it is possible through perseverance, imagination, and a little creativity.



Toolbox Topic: Sight Word Games

Games are a great way to make reading more fun! This is especially true with sight words, which is what we focused on with the students during our January workshop. Students each had tiles with the letters of the alphabet printed on them and took turns arranging the letters on the tic-tac-toe board to form different sight words.

You can play this game with any three-letter sight word, or any three-letter word at all! You can recreate this game at home by cutting out 52 pieces of paper and writing the letters of the alphabet on them (two tiles for each letter). We also revisited the importance of daily reading both alone and with family members.

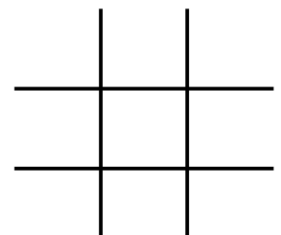
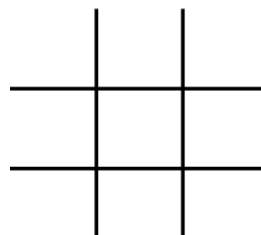
names _____

sight word tic-tac-toe

Write each player's word in a box below. Then take turns playing tic-tac-toe with the words. The first player to get three in a line wins!

Player 1
Word:

Player 2
Word:

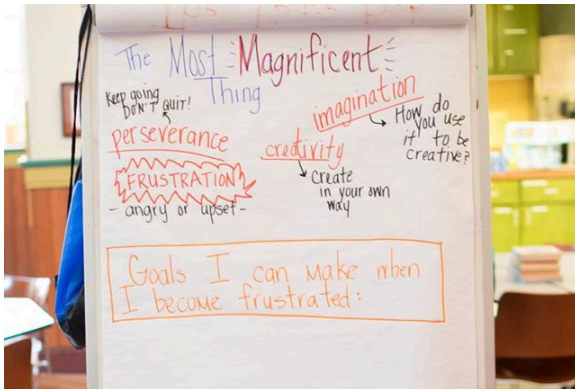


KID'S CORNER

For our January focus on Constructive Use of Time and Establishing Routines, we read "The Magnificent Thing" by Ashley Spires. This story is about a little girl with a big plan to make the most magnificent thing. She quickly discovers that her perfect plan doesn't work as perfectly as she planned. Through a wide range of emotions, she learns that by having perseverance and imagination, her plan can still work in the end as long as she is willing to keep trying new ideas.

We discussed that perseverance is the ability to keep on trying even when you are frustrated, you've made mistakes, and want to quit. We also asked the question, "What if you were creating something and you messed it up, would you quit?" We learned that frustration is feeling angry or upset because of not succeeding at something, but that perseverance and imagination through goal-setting is the key to growing and learning.

Want to make a goal for 2017? Try the fun activity below in TRY IT ON YOUR OWN.



Try It On Your Own: Goal-Setting

January is a time to set goals! It's more fun to meet your goals when you have a fun way to keep track of them. Try using a card, a paper plate, a piece of cardboard or any other durable material you have at home to keep track of your goals. Write your goal down, and decorate it with crayons, markers, paint, string, glitter, or whatever else you have at home.

Your goal can be anything! What's a good New Year's goal you could make for yourself when you get frustrated doing routine activities? Do you have a goal for how many books you want to read this year? Get creative, and remember that the sky is the limit!

Once you've picked a goal, write it down and then make a pledge:

I, _____, will persevere and not quit when I get frustrated. When I get frustrated, I will _____.



FAMILY SPOTLIGHT:

Aubri & Gerald LeRoy's Family



Aubri and Gerald joined East Nashville Hope Exchange in the spring of 2016. Aubri is in 4th grade and Gerald is in 1st grade. In addition to reading at ENHE, Aubri and Gerald enjoy reading on their tablet with fun reading apps. The thing they like most about ENHE is being able to make progress in their reading. Their family loves the social interaction, goal-setting, and accountability. Besides reading, Aubri loves to bake and Gerald loves playing with his Legos. As a family, The LeRoys enjoy game nights, pizza parties, and spending time together. We are so glad the LeRoys are a part of ENHE!

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ENHE at krogercommunityrewards.com
to help us grow every time you shop.