



east nashville

Hope Exchange



Upcoming Workshops

Saturday, March 10th, 11:00am-1:00pm

@ St. Ann's - 419 Woodland St., 37206

Exchange of Ideas: Boundaries and expectations

Discussion Topics: Family, school and neighborhood boundaries, adult role models, positive peer influence, high expectations

Toolbox Topic: Invented spelling and spelling patterns

Saturday, April 14th, 11:00am-1:00pm

@ St. Ann's - 419 Woodland St., 37206

Exchange of Ideas: Stress management and test taking

Discussion Topics: Managing stress, standardized testing, the importance and purpose of testing

Toolbox Topic: Test taking practice and strategies



Special shout out to all the ENHE families who are reading with their children at home nightly! In February, the following students/families turned in reading logs:

Eden Carney & Elijah Carney

All ENHE families - please log your nightly reading and submit to us at workshops, tutoring, or via text or email.



Happy birthday to all of our ENHE family members who celebrated in February! Special happy birthdays to our students Carmelo Ellison, Dillard Faulkner, Marvin German, Van & Von Reid, and Madeline Vasquez-Ortiz!

WORKSHOP RECAP: FEBRUARY 2018

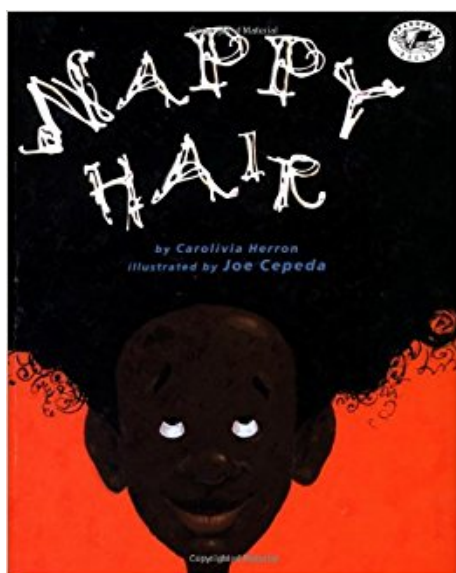
Exchange of Ideas: Positive Identity

This month at our family workshop, we discussed **positive identity** and what it is and means in the lives of our students. Helping children develop positive identity means helping them develop four realities for their lives: **1) Personal Power**—Child has a growing sense of having influence over some of the things that happen in her or his life. **2) Self-Esteem**—Child likes herself or himself and feels valued by others. **3) Sense of Purpose**—Child welcomes new experiences and imagines what he or she might do or be in the future. **4) Positive View of Personal Future**—Child has a growing curiosity about the world and finding her or his place in it. Helping children develop these realities for themselves involves actively teaching them about the pieces of positive identity, as well as modeling positive identity as adults in our day to day lives as we seek to be good role models for our students. We spent time brainstorming how to model these positive identity attributes in our lives and pass them on to our children, as well as addressing barriers to children's development of positive identity.

Toolbox Topic: Math Word Problems and Reading

Math word problems can be one of the more challenging parts of learning math as a young student, as it combines a requirement of math skills with reading comprehension skills. However, children can gain proficiency in math word problems with practice and a few simple strategies. One of these strategies is identifying and committing to memory **math action words** that signal addition, subtraction, multiplication or division—words like "combined" (addition), "reduce" (subtraction), "product of" (multiplication), or "average" (division). Helping your child become familiar with these words and the mathematical actions they signal can making reading and comprehending math word problems much easier. We also discussed the **UPS Check Method**. The UPS Check Method is a way of graphing the important information in a math word problem onto your paper so that you can be sure you have understood all of the information that is necessary to solving the problem. If you are unsure about how to use the UPS check method, there are several informative videos on YouTube you can find by going to [YouTube.com](https://www.youtube.com) and typing "UPS check method" into the search bar.

KIDS CORNER



This month, the students read Nappy Hair by Carolivia Herron. In Nappy Hair, a young girl named Brenda is made fun of at a picnic because of her nappy hair. The book goes on to explain why curly, twisty, textured hair is beautiful and good, and explores the roots of what people call "nappy hair." The book is written in a traditional call-and-response fashion that encourages reading the book aloud, and prompts readers to think about ideas like culture, diversity, prejudice, and family. Nappy Hair encourages students to

take pride in their culture and their family heritage and love all of the things about them that make them uniquely who they are. It also teaches them about the call-and-response storytelling method, which was created by African slaves in the 1800s and continues to be popular today.

Try It On Your Own: UPS Check Method

The UPS Check Method is a great way to make sure that you understand all the important information about a math word problem. "UPS" stands for Understand, Plan, Solve—and check! There are lots of YouTube videos explaining how to use the UPS Check Method if you're still unsure. The UPS Check Method is a great way to get better and better at math word problems!

Steps to Solve a Problem: UPS Check!

<p>Understand</p> <p>Read the problem.</p> <p>? What am I looking for? [Bracket the question]</p> <p>K What do I know? Circle the important numbers. Underline labels.</p>	<p>Plan</p> <p>Choose a strategy.</p> <p>• Draw a Picture or Make a Table</p> <table border="1"> <tbody> <tr> <td>Strip Diagram?</td> <td>$\frac{?}{3} \frac{?}{6}$</td> <td>$\frac{10}{5} \frac{?}{2}$</td> <td>$\frac{7}{4} \frac{?}{?}$</td> <td>$\frac{?}{3} \frac{10}{5} \frac{?}{5} \frac{?}{5}$</td> <td>$\frac{10}{2} \frac{?}{?} \frac{?}{?} \frac{?}{?}$</td> <td>$\frac{14}{2} \frac{?}{?} \frac{?}{?}$</td> </tr> <tr> <td>Thinking Pattern?</td> <td>JUG</td> <td>SUG</td> <td>CUG</td> <td>JEG</td> <td>SEG</td> <td>SEG</td> </tr> <tr> <td>Operation?</td> <td>Join Unequal Groups</td> <td>Separate Unequal Groups</td> <td>Compare Unequal Groups</td> <td>Join Equal Groups</td> <td>Separate Equal Groups</td> <td>Separate Equal Groups</td> </tr> <tr> <td></td> <td>+</td> <td>-</td> <td>-</td> <td>x</td> <td>÷</td> <td>÷</td> </tr> </tbody> </table>	Strip Diagram?	$\frac{?}{3} \frac{?}{6}$	$\frac{10}{5} \frac{?}{2}$	$\frac{7}{4} \frac{?}{?}$	$\frac{?}{3} \frac{10}{5} \frac{?}{5} \frac{?}{5}$	$\frac{10}{2} \frac{?}{?} \frac{?}{?} \frac{?}{?}$	$\frac{14}{2} \frac{?}{?} \frac{?}{?}$	Thinking Pattern?	JUG	SUG	CUG	JEG	SEG	SEG	Operation?	Join Unequal Groups	Separate Unequal Groups	Compare Unequal Groups	Join Equal Groups	Separate Equal Groups	Separate Equal Groups		+	-	-	x	÷	÷
Strip Diagram?	$\frac{?}{3} \frac{?}{6}$	$\frac{10}{5} \frac{?}{2}$	$\frac{7}{4} \frac{?}{?}$	$\frac{?}{3} \frac{10}{5} \frac{?}{5} \frac{?}{5}$	$\frac{10}{2} \frac{?}{?} \frac{?}{?} \frac{?}{?}$	$\frac{14}{2} \frac{?}{?} \frac{?}{?}$																							
Thinking Pattern?	JUG	SUG	CUG	JEG	SEG	SEG																							
Operation?	Join Unequal Groups	Separate Unequal Groups	Compare Unequal Groups	Join Equal Groups	Separate Equal Groups	Separate Equal Groups																							
	+	-	-	x	÷	÷																							
<p>Solve</p> <p>Show all your work.</p> <p>Label your answer.</p> <p>$\begin{array}{r} 3 \\ +5 \\ \hline 8 \text{ crayons} \end{array}$</p>	<p>Check</p> <p>Explain & Justify</p> <p>Is your answer REASONABLE?</p>																												

East Nashville Hope Exchange Summer 2018 Program



The deadline to apply for the East Nashville Hope Exchange
2018 Summer Program is coming up quickly!

All applications are due by **March 30th, 2018**. Priority is given to students who participated in the School Year Program, but other applicants will also be considered as space allows.

Applications are available at the Family Workshop or online at:
www.enhopeexchange.org/enhe-families

For more information or if you have any questions, please email
Ameshica at eastnhe@gmail.com.

East Nashville Hope Exchange
419 Woodland St.
Nashville, TN 37206
www.enhopeexchange.org
eastnhe@gmail.com

Facebook: facebook.com/eastnashvillehopeexchange
Twitter & Instagram: @EastNHE
**Remember to link your Kroger card with
ENHE at krogercommunityrewards.com
to help us grow every time you shop.**

